



# Grama Vikasam

AMR-APARD

Distance Mode Trainings



AMR-A.P. Academy of Rural Development  
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AMR-A.P. Academy of Rural Development  
Rajendranagar, Hyderabad.

Date/s	Trainees	Time of Broadcast	
29.5.09	GRAMPANCHAYAT PRESIDENTS	1.20-1.40pm	Interaction of resource person at Mandal office with the participants
		3.00-4.30pm	<b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices.</b> (2-way audio with 1-way video)
5.06.09	MPTCs	11.00-11.20 am	<b>A Documentary on: Land and Poor</b>
		11.20-11.40am	Interaction of resource person at Mandal office with the participants
		11.40-12.00noon	<b>A Documentary on: Budget of Mandal Parishat</b>
		12.00-12.20pm	Interaction of resource person at Mandal office with the participants
		12.20- 12.40 pm	<b>A Documentary on: Disaster Preparedness</b>
		12.40-1.00pm	Interaction of resource person at Mandal office with the participants
		1.00pm-1.20pm	<b>A Documentary on: PMEGP</b>
		1.20-1.40pm	Interaction of resource person at Mandal office with the participants
		3.00-4.30pm	<b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices.</b> (2-way audio with 1-way video)

## Welcome Aboard!

AMR - AP Academy of Rural Development proudly announces the inauguration of GRAMA VIKASAM - the Distance Mode training program on MANA TV Channel III from 13th of February 2009.

Starting from this date, 1-day training programs will be organized every week, from 10.00 am to 5.00pm at all Mandal Offices across the State. These training programs are particularly designed for specific groups of elected representatives and functionaries of Panchayat Raj and Rural Development. Participants invited for these Distance mode training programs would be able to watch certain interesting video Documentaries, share their views with co-participants and also be able to have a live interaction with the panel of Experts, who would be sitting in the Studios of MANA TV.

You are aware of the relentless service rendered by this premier training Institute to empower and build capacities of participants during its on-campus training programs and workshops. Thousands of our participants have already received in-depth knowledge and have acquired additional skills in their respective domains.

Moreover, now with our decision to harness the medium of television and launch GRAMA VIKASAM - the Distance Mode training, we hope to take our activity to the next level by imparting training to more than 3, 00,000 elected representatives and PR and R&D functionaries!

To derive the maximum benefit from GRAMA VIKASAM, the Distance mode training, it is necessary that you should first understand very clearly as to what would transpire on the training day.

GRAMA VIKASAM the Distance mode training comprises of three distinct features. We urge you to read the following carefully:

1. **WATCHING** the informative Documentaries on MANA TV
2. **DISCUSSING** with the local Resource Person and sharing your views with co-participants; and
3. **INTRERACTING** with the Experts sitting in MANA TV Studios in Hyderabad during Live-Interactive session

### 1. WATCHING the Documentaries:

The Documentaries which you watch during the training in Mandal office are produced on varied subjects pertaining to Rural Development and Panchayat Raj essentially to train and build the capacity of the elected representatives and Functionaries of PRI and to empower the local self-governance. Since the topics are carefully handpicked after in-depth discussions with experts in their respective fields, watching the Documentaries would prove to be of immense value to all of you. You will altogether get to watch four such Documentaries.

### 2. DISCUSSING with the local Resource Person

You will naturally have many things to discuss soon after watching a Documentary. You may also want to know something more about what was said in it or you may choose to differ on some points. Taking this into account a break of around 15 minutes is given after each Documentary. Furthermore, during this break, the local Resource Person present at the venue would initiate discussion with the participants on subject of the Documentary. Participants are urged to comment freely about the content of the Documentary and how they relate to it. This would certainly be an enriching experience.

### 3. INTERACTING with the experts sitting in MANA TV Studio

The afternoon session of the training commences at 2.00pm and the participants are encouraged by the MLO/Resource person to keep themselves ready for the live interactive session on MANA TV. During this Live Interactive session, which lasts for around 90 minutes, the participants across the State are given an opportunity to speak with the panel of Experts sitting in Studios on the topics specially dealt in the Documentaries. The one-way video and two-way audio facility provided by MANA TV will enable the participants to see the experts who answer their queries. Speaking to the Experts on the panel and obtaining distinct answer to ones query could be the best part of the whole Distance Mode training program. Further, you would also learn a lot by listening to the queries of participants from other Mandals being answered.

Date/s	Trainees	Time of Broadcast	
22.05.09	MPTCs	12.20- 12.40 pm	<b>A Documentary on: Leadership</b>
		12.40-1.00pm	Interaction of resource person at Mandal office with the participants
		1.00pm-1.20pm	<b>A Documentary on: Devolution of Powers</b>
		1.20-1.40pm	Interaction of resource person at Mandal office with the participants
		3.00-4.30pm	<b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices.</b> <b>(2-way audio with 1-way video)</b>
29.05.09	GRAM PANCHAYAT PRESIDENTS	11.00-11.20 am	<b>A Documentary on: Land and Poor</b>
		11.20-11.40am	Interaction of resource person at Mandal office with the participants
		11.40-12.00noon	<b>A Documentary on: Budget of GP</b>
		12.00-12.20pm	Interaction of resource person at Mandal office with the participants
		12.20- 12.40 pm	<b>A Documentary on: Disaster Preparedness</b>
		12.40-1.00pm	Interaction of resource person at Mandal office with the participants
		11.00-11.20 am	<b>A Documentary on: Nirmal Gram Puraskar</b>
1.00pm-1.20pm	<b>A Documentary on: PMEGP</b>		

Date/s	Trainees	Time of Broadcast	
15.5.09	GRAM PANCHAYAT PRESIDENTS	11.00-11.20 am	<b>A Documentary on: Nirmal Gram Puraskar</b>
		11.20-11.40am	Interaction of resource person at Mandal office with the participants
		11.40-12.00noon	<b>A Documentary on: Entitlements SC/ST &amp; Women</b>
		12.00-12.20pm	Interaction of resource person at Mandal office with the participants
		12.20- 12.40 pm	<b>A Documentary on: Leadership</b>
		12.40-1.00pm:	Interaction of resource person at Mandal office with the participants
		1.00-1.20pm	<b>A Documentary on: Devolution of Powers</b>
		1.20-1.40pm	Interaction of resource person at Mandal office with the participants
		3.00-4.30pm	<b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices. (2-way audio with 1-way video)</b>
22.05.09	MPTCs	11.00-11.20 am	<b>A Documentary on: Mandal Functional Committees</b>
		11.20-11.40am	Interaction of resource person at Mandal office with the participants
		11.40-12.00noon	<b>A Documentary on: Entitlements SC/ST &amp; Women</b>
		12.00-12.20pm	Interaction of resource person at Mandal office with the participants

## Frequently asked questions (FAQ)

**Q: Where do you conduct GRAMA VIKASAM the Distance Mode training? Will they have a TV set installed there?**

A: The Distance Mode training takes place simultaneously in all the Mandal Offices across the State. Apart from having suitable infrastructure for the conduct of the training, the Mandal offices have been provided with Plasma TVs by the Government of AP.

**Q: How can I participate in the training program?**

A: There are different categories of elected representatives and PR functionaries in our State. Every category has its own training needs. Therefore, each training program is particularly designed for a specific category – like Ward Members, Gram Panchayat Presidents, MPTCs (DRPs), and Panchayat Secretaries etc. The District Resource Persons, Mandal Literacy Oorganizers (MLOs) and Mandal Parishad Development Officers (MPDOs) would collectively take the responsibility to inform you in advance and to enlist you to attend the **GRAMA VIKASAM** –the Distance Mode training program that is related to your category.

**Q: Can I get enlisted on my own? Who should I contact?**

You are, of course, welcome to contact these organizers on your own and get enlisted on your own. However, Mandal Literacy Organizers are specially appointed to act as the facilitators and also to be in-charge of the training in their region. MLO would be your best choice to contact for getting enlisted and for any information or assistance.

**Q: How can know about the training programs in advance?**

A: We are circulating Fixed Point Chart to all Mandal offices and MLOs. You may get a copy of the Fixed Point Chart of **GRAMA VIKASAM** - the Distance Mode training and learn about upcoming programs in advance. You will also be told about the facilities that are offered during the training session.

**Q: Can I watch the Documentaries at my home on my cable TV.**

A: No. **GRAMA VIKASAM** A telecast can be watched only on TVs with MANA TV Ku Band dish. As mentioned earlier the venue of training is your Mandal office and it has a Plasma TV in place with MANA TV dish.

**Q: MANA TV has several channels. On which channel can we watch GRAMA VIKASAM transmission?**

A: Channel III on MANA TV is exclusively reserved for Rural Development and Panchayat Raj programs. You will be able to watch our programs on this Channel, on the dates and timings specified in the Fixed Point Chart.

**Q: During the live interactive session, will I definitely get an opportunity to speak to the panel of experts to clarify my doubts?**

A: May be or may not be! In view of the fact that thousands of participants across the State are trying to ask questions simultaneously, it is likely that you may not get the connection. You will not be disappointed, if you understand our constraints. However, if you watch the interactive session till the end you might probably get an answer to your doubt when you hear someone else asking similar question. APARD team is trying to evolve a procedure through which maximum numbers of participants get to ask questions.

**Q: Is there a specific way to speak with the Expert panel during the interactive session?**

A: Yes. We have a few suggestions on this. Please refer to the following pages to know as to how you must conduct yourself in the Live Interaction.

**LIVE INTERACTION**

Live interaction with the experts sitting in MANA TV studios is a very interesting feature in the STHANIKA PALANA - Distance Mode training. You will have a rare opportunity of directly speaking on phone with the experts and watch them on the TV set as they clarify your doubts. However, as pointed

Date/s	Trainees	Time of Broadcast
02.04.09	PANCHAYAT SECRETARIES	1.00pm-1.20pm <b>A Documentary on: Project Mode NREGP</b>
		1.20-1.40pm: Interaction of resource person at Mandal office with the participants
		3.00-4.30pm <b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices.</b> (2-way audio with 1-way video)
9.4.09 17.4.09 24.4.09 1.5.09 8.5.09	WARD MEMBERS (GRAMPANCHAYAT)	11.00-11.20 am <b>A Documentary on: Nirmal Gram Puraskar</b>
		11.20-11.40am Interaction of resource person at Mandal office with the participants
		11.40-12.00noon <b>A Documentary on: Entitlements SC/ST &amp; Women</b>
		12.00-12.20pm Interaction of resource person at Mandal office with the participants
		12.20- 12.40 pm <b>A Documentary on: Leadership</b>
		12.40-1.00pm Interaction of resource person at Mandal office with the participants
		1.00-1.20pm <b>A Documentary on: Devolution of Powers</b>
1.20-1.40pm Interaction of resource person at Mandal office with the participants		
3.00-4.30pm <b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices.</b> (2-way audio with 1-way video)		

Date/s	Trainees	Time of Broadcast
26.03.09	MPTCs	12.20- 12.40pm <b>A Documentary on: Decentralized planning (Mandal)</b>
		12.40-1.00pm Interaction of resource person at Mandal office with the participants
		1.00-1.20pm <b>A Documentary on: Project Mode NREGP (Role of MP)</b>
		1.20-1.40pm Interaction of resource person at Mandal office with the participants
		3.00-4.30pm <b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices. (2-way audio with 1-way video)</b>
02.04.09	PANCHAYAT SECRETARIES	11.00-11.20 am <b>A Documentary on: Duties of Panchayat Secretaries</b>
		11.20-11.40am Interaction of resource person at Mandal office with the participants
		11.40-12.00noon <b>A Documentary on: Waste Management in GP</b>
		12.00-12.20pm Interaction of resource person at Mandal office with the participants
		12.20- 12.40 pm <b>A Documentary on: Decentralized planning</b>
		12.40-1.00pm Interaction of resource person at Mandal office with the participants

our earlier, each training program is attended by thousands of participants in nearly 1200 Mandal Offices. It would be, therefore, not possible to answer everyone. MLOs have instructions to limit the number of questions from their respective venues (Mandal Office).

As a participant you must keep in mind the following, while having live interaction:

1. Dial one of the following exclusive phone numbers allocated for LIVE INTERACTION:

**040-23551989**

**040-23553473**

**Toll-free: 1800 425 4038**

2. Once the connection is established, lower the volume of your TV set
3. Identify yourself by giving your name, village and Mandal
4. Ask your question clearly. It is better that you write down your question and keep it ready before hand. This will avoid unnecessary fumbling and waste of precious time.
5. Once your question is understood by the Expert Panel member sitting in MANA TV Studios you should disconnect the phone. You may now increase the volume of the TV set and watch the experts answer your question.

#### Satelite Information

**INSAT 3B 83° E Longitude**

#### Uplink & Downlink parameters :

Uplink frequency : 14357 Mhz  
Downlink Frequency : 11557 Mhz  
Symbol rate : 13333 KSPS/13.33 MS/S  
Forward Error Correction : 1/2  
Downlink Polarisation : Vertical, linear

# FIXED POINT CHART

## Distance Mode Trainings

ON MANA TV (SAPNET) CHANNEL III

FEBRUARY - JUNE 2009

Date/s	Trainees	Time of Broadcast
13.02.09	WARD MEMBERS (GRAMPANCHAYAT)	11.00-11.20 am <b>A Documentary on: Conduct of GP Meetings</b>
20.02.09		11.20-11.40am Interaction of resource person at Mandal office with the participants
27.02.09		11.40-12.00noon <b>A Documentary on: Waste Management</b>
06.03.09		12.00-12.20pm Interaction of resource person at Mandal office with the participants
13.03.09		12.20- 12.40pm <b>A Documentary on: Decentralized planning</b>
		12.40-01.00pm Interaction of resource person at Mandal office with the participants
		1.00-1.20pm <b>A Documentary on: Project Mode NREGP</b>
		1.20-1.40pm Interaction of resource person at Mandal office with the participants
		3.00-4.30pm <b>Live Interaction of Experts' panel at MANA TV Studio with participants at Mandal Offices. (2-way audio with 1-way video)</b>

Date/s	Trainees	Time of Broadcast
20.03.09	GRAMPANCHAYAT PRESIDENTS	11.00-11.20 am <b>A Documentary on: Conduct of GP Meetings</b>
		11.20-11.40am Interaction of resource person at Mandal office with the participants
		11.40-12.00noon <b>A Documentary on: Waste Management</b>
		12.00-12.20pm Interaction of resource person at Mandal office with the participants
		12.20- 12.40pm <b>A Documentary on: Decentralized planning</b>
		12.40-1.00pm Interaction of resource person at Mandal office with the participants
		1.00pm-1.20pm <b>A Documentary on: Project Mode NREGP</b>
		1.20-1.40pm Interaction of resource person at Mandal office with the participants
		3.00-4.30pm <b>Live Interaction of Experts' panel at Mana TV Studio with participants at Mandal Offices. (2-way audio with 1-way video)</b>
26.03.09	MPTCs	11.00-11.20 am <b>A Documentary on: Conduct of MPP Meetings</b>
		11.20-11.40am Interaction of resource person at Mandal office with the participants
		11.40-12.00noon <b>A Documentary on: Waste Management</b>
		12.00-12.20pm Interaction of resource person at Mandal office with the participants



*'I have not pictured a poverty stricken India containing ignorant millions. Establish village swaraj - make each village self-governing and self contained as regards the essential needs of its inhabitants for good and cloth'*

*'What is really needed to make democracy function is not knowledge of facts, but right education.'*

**- Mahatma Gandhi**

## **Dos and Don'ts while using ROT**

### **Dos**

1. Connect your UPS to a 3-pin socket that has proper earthing
2. Ensure that all the Cable connectors are firmly fixed
3. Keep all the units including TV cabinet, antenna and dish free from dust particles using a dry and soft cloth.
4. Earth-pit chamber should be watered at least once a week
5. Keep the password of your equipment safe
6. The F connector of RF cable, near LNB, has a self-amalgamating tape protecting it from seepage of rain water. If you find that the tape has loosened or detached, get a new tape fixed immediately
7. A log-book must be maintained to facilitate the scrutiny of usage of the System

### **Don'ts**

1. Never switch off the power supply to UPS. The battery life will decrease if you do so
2. Do not connect any additional electrical appliances to the UPS output
3. Do not remove the covers on the unit
4. Do not keep the units exposed to direct sunlight
5. The perforated covers on the units/wooden cabinets, which are meant for ventilation, must never be closed
6. Do not move the units while the power supply is on
7. To keep the equipment clean you should use only a dry and soft cloth. No solutions should be used
8. Do not store any inflammable material near the equipments
9. Do not change the place or direction of the antenna
10. Do not connect or disconnect the cable between IRD and LSB when IRD is switched on
11. Do not keep any metallic or magnetic instruments near the TV set
12. Do not lose the password of your equipment